

Social Care Workforce Development Programme: Mental Health Training Programme 17/18

Mental Capacity Act/Deprivation of Liberty Safeguards (DoLS) Level 1 Awareness

Learning Outcomes

- Understand the basic principles/key features/roles and responsibilities created by the Mental Capacity Act
- To identify your role and responsibilities as a care worker within the Act
- To understand your role when working with someone who lacks capacity and how to apply the principle of working in a person's 'best interests'
- To understand what is meant by Deprivation of Liberty, the process involved and the implications of recent legal judgements

Mental Capacity Act Level 2 Training

Learning Outcomes:

The Mental Capacity Act 2005 had statutory force. It applies to everyone who works in health and social care and is involved in the care, treatment or support of people aged sixteen and over who are unable to make decisions for themselves.

MCA level 2 training is a workshop based session on the practical implications of the Mental Capacity Act 2005. Case studies will be used to allow the participants to apply the requirements of the Act to practice situations.

You must have completed the half day MCA/DOLS training prior to attending this

Deprivation of Liberty Safeguards (DoLS) Level 2

Session Content

This training is aimed at all staff working with service users over the age of 16 who may lack capacity.

Please note in order to have an understanding of this Law, staff are required to have undertaken either the Mental Capacity Act (MCA) level 2 or 3 training within the last 3 years prior to attending DoLS training

Applying the Mental Capacity Act, Best Interests and Best Interest Meetings

Learning Outcomes:

Day 1

- Define what is meant by capacity.
- Understand history of mental capacity law and its importance within SW Practice.
- Recall and interpret principles of the MCA 2005
- Analyse the assessment and decision making process within the MCA
- Outline the relationships of relevant legislation to the MCA 2005

Day 2

- Discuss BCBC policy in relation to the Best Interests decision making process, including recording.
- Apply these processes to practice.
- Consider best practice in Best Interest meetings
- Examine current case law

Best Interests Assessor Training

Learning Outcomes:

- legal basis of DoLS and MCA
- the judgment of the Supreme Court in the *Cheshire West* and *P and Q* case and the implications for determining a deprivation of liberty
- the findings and recommendations of the House of Lords health committee on the use of the Mental Capacity Act and DoLS scheme
- using professional judgment as to what does or does not constitute deprivation of liberty – what is restriction what is deprivation?;
- what is involved in carrying out the Best Interests Assessment;
- using a balanced checklist (Lord Denzil Lush's recommendation)
- completing the other DOLS assessments as appropriate;
- how DOLS under the Mental Capacity Act relate to the Mental Health Act;
- linking DOLS assessments with the requirements of the Human Rights Act.
- DoLS process and forms
- Best Interests meetings and the BIA

Working with carers of people who are experiencing mental health conditions - good practice for care professionals

Learning Outcomes: Participants will:

- Appreciate how the Mental Health Measure (2010) and the new Code of Practice for Wales 2016 (Mental Health Act) guides best practice for health and social care professionals, with regard to working with carers
- Understand the principles behind confidentiality and disclosure, and explore how this supports professional reasoning and making judgements in practice
- Acknowledge the carer's right to confidentiality and consider the implications of this
- Understand the Social Services & Well-being (Wales) Act 2014 and how it relates to carers of people with mental health conditions
- Consider some of the issues that impact on carers of people with mental health conditions

- Identify good practice in supporting carers
- Know about local support services available to carers in the Bridgend area

Introduction to Mental Health Law for Adult Health & Social Care Staff

Learning Outcomes: This two day course aims to develop knowledge and understanding of:

- Section 1 of the MHA- what is mental disorder? (definitions and exclusions)
- Professional roles within the Mental Health Act- duties and powers+ assessment of risk
- Key sections dealing with admissions (including the role of courts & police)
- Compulsion in the community and relevant sections
- Consent to Treatment & the MHA
- Safeguards- The Nearest Relative, the Tribunal and reports. Role of Independent Mental Health Advocates (IMHAs).
- Aftercare in the MHA and links with Social Services & Wellbeing (Wales) Act 2014
- Informal admission + interface with MCA, DoLs & the relevance of Gillick Competence
- Impact of human rights and mental capacity law.
- Ethics and values in the use of the MHA (including MHA Code of Practice principles)

Participants will be encouraged to identify legal and practice issues from their own practice for discussion during the course.

The ‘Open Dialogue’ Approach to Mental Health Services Seminar

The ‘Open Dialogue’ Approach is a model developed in Finland and is a comprehensive approach with well-integrated inpatient and outpatient services.

Learning Outcomes: This two day course aims to develop knowledge and understanding of:

- Background and history of the development of the approach
- The 7 principles and 12 key elements of dialogical practice
- The structure of the service in Lapland
- The practice of facilitating network/family meetings
- Aims and process in the work
- Psychosis and medication
- Outcome research
- The roots of the approach – systemic family therapy, Gregory Bateson, social constructionism, collaborative therapy, dialogical theory/Bakhtin, etc.
- Developments in the UK

Approved Mental Health Professionals (AMHP) Workshops

Jointly with NPT and Swansea – 6 workshops per year.

Example: Approved Mental Health Professionals (AMHP) Workshop on Understanding and Responding to Autism

Mental Capacity Act and DoLs – CPD workshops

Co-ordinated by AMBU - 10 workshops per year.

Example: Deprivation of Liberty Safeguarding (DoLs) Update on Relevant Care Law for Best Interest Assessors